

### Republic of the Philippines

#### CENTRAL MINDANAO UNIVERSITY

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## Office of the President

December 12, 2014

MEMORANDUM No. 12-470, s. 2014

TO

All Deans of Colleges

SUBJECT

Activities for December 15-19, 2014

DATE

December 12, 2014

In view of the incident last December 9, 2014 affecting the academic community, please be informed that classes in all levels on December 15 -16, 2014 (Monday & Tuesday) are suspended to give time for the Psycho-social Support or Stress Debriefing activities to be spearheaded by the Department of Behavioral Sciences and the Crisis Intervention Team (CIT) with priority given to students. While it is voluntary in nature, students are highly encouraged to avail of the services.

December 17-19, 2014 will be devoted by all units in the University for the preparation of documents in compliance to the requirements for PBB 2014.

Attached is the schedule of the Psycho-social Support or Stress Debriefing activities. Deans of Colleges are requested to widely disseminate the information to all students in their respective colleges for guidance.

For compliance.

MARIA LUISA R. SOLIVEN University President

Ву

RICARDO G. VILLAR

VP for Administration & Officer-In-Charge

Copy furnished:

President, Supreme Student Council

# Central Mindanao University CAS, Department of Behavioral Sciences and Crisis Intervention Team

### Critical Incidence Stress Debriefing December 15 & 16, 2014

## Schedule of Activities

Day 1(December 15,2014)

Time	Activity	Venue	Speaker/Facilitator
7:00-7:30	Registration	CAS AVH	Crisis Intervention Team
7:30 -9:30	Psycho Education on the Nature and effects of trauma (Session 1)	CAS AVH	Dr. Leo G. Labrador Clinical Psychologist CIT, Coordinator
9:30-10:00	Trauma Assessment	CAS AVH	Crisis Intervention Team
10:00-12:00	Defusing and Debriefing	CAS AVH; CAS AACUP; Math Lab; Psych Lab; CAS 9,10,11,12, CAS Counseling Room	Crisis Intervention Team
1:00-1:30	Registration		Crisis Intervention Team
1:30-2:30	Psycho Education on the Nature and effects of trauma (Session 2)	CAS AVH	Dr. Leo G. Labrador Clinical Psychologist CIT, Coordinator
2:30-3:00	Trauma Assessment	CAS AVH	Crisis Intervention Team
3:00-5:00	Defusing and Debriefing	CAS AVH; CAS AACUP; Math Lab; Psych Lab; CAS 9,10,11,12, CAS Counseling Room	Crisis Intervention Team

### Day 2 (December 16, 2014)

Time	Activity	Venue	Speaker/Facilitator
7:00-7:30	Registration	CAS AVH	Crisis Intervention Team
7:30-5:00	Defusing and Debriefing	CAS AVH; CAS AACUP; Math Lab; Psych Lab; CAS 9,10,11,12, CAS Counseling Room	

Prepared by : Rudjia Faith T. Anino

College Guidance Counselor

CIT Adviser